

AMENDMENTS TO THE CLAIMS

1. (Withdrawn) An endurance improving agent comprising catechins as an active ingredient.
2. (Withdrawn) An antifatigue agent comprising catechins as an active ingredient.
3. (Withdrawn) Use of catechins for the production of an endurance improving agent.
4. (Withdrawn) Use of catechins for the production of an antifatigue agent.
5. (Currently Amended) A method for improving endurance, which comprises administering to a subject in need thereof an effective dose of a composition comprising at least one catechin ~~catechins~~, wherein said subject in need thereof is a subject who needs to do exercise requiring endurance or labor requiring repeated muscle exercise, wherein said catechin is at least one catechin selected from the group consisting of gallocatechin and epigallocatechin.
6. (Canceled)
7. (Withdrawn) An AMPK activator comprising catechins as an active ingredient.
8. (Withdrawn) Use of catechins for the production of an AMPK activator.

9. (Withdrawn) A method of activating AMPK, which comprises administering an effective dose of catechins.

10. (Currently Amended) The method of claim 5, wherein said composition further comprises catechins are at least one additional catechin selected from the group consisting of ~~gallocatechin, epigallocatechin~~, gallocatechingallate, and epigallocatechingallate.

11. (Currently Amended) The method of ~~claim 10~~ claim 5, wherein said ~~catechins~~ catechin is at least gallocatechin.

12. (Currently Amended) The method of ~~claim 10~~ claim 5, wherein said ~~catechins~~ catechin is at least epigallocatechin

13. (Currently Amended) The method of claim 10, wherein said ~~catechins~~ additional catechin is at least gallocatechingallate

14. (Currently Amended) The method of claim 10, wherein said ~~catechins~~ additional catechin is at least epigallocatechingallate.

15. (Currently Amended) The method of claim 5, wherein said composition comprises catechins ~~are at least one catechin selected from the group consisting of~~ gallocatechin and epigallocatechin.